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(Original Signature of Member)

117TH CONGRESS  
1ST SESSION

# H. RES. \_\_\_\_\_

Expressing support for the designation of September 17, 2021, as “National Concussion Awareness Day”.

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## IN THE HOUSE OF REPRESENTATIVES

Mr. PASCRELL submitted the following resolution; which was referred to the Committee on \_\_\_\_\_

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# RESOLUTION

Expressing support for the designation of September 17, 2021, as “National Concussion Awareness Day”.

Whereas mild traumatic brain injury, otherwise known as a “concussion”, is an important health concern for children, teens, and adults;

Whereas, according to information from the Centers for Disease Control and Prevention—

(1) there are as many as 1,600,000 to 3,800,000 sports-related concussions annually;

(2) as many as 5,300,000 individuals live with a disability because of a traumatic brain injury;

(3) between 2010 and 2016, an estimated 2,000,000 children under age 18 visited an emergency department

because of a traumatic brain injury sustained during sports- or recreation-related activities;

(4) an estimated 283,000 children seek care in United States emergency departments each year for a sports- or recreation-related traumatic brain injury, with traumatic brain injuries sustained in contact sports accounting for approximately 45 percent of these visits; and

(5) research suggests that many children with a traumatic brain injury do not seek care in emergency departments or do not seek care at all, resulting in a significant underestimate of prevalence;

Whereas the seriousness of concussions should not be minimized in athletics, and return-to-play and return-to-learn protocols can help ensure recovery;

Whereas concussions can affect physical, mental, and social health, and a greater awareness and understanding of proper diagnosis and management of concussions is critical to improved outcomes; and

Whereas the House of Representatives can raise awareness about concussions among the medical community and the public: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2           (1) expresses support for the designation of  
3       “National Concussion Awareness Day”;

4           (2) recognizes that mild traumatic brain injury  
5       (“mTBI”), otherwise known as a concussion, is an  
6       important health concern;

1           (3) commends the organizations and individuals  
2           that raise awareness about mild traumatic brain in-  
3           jury;

4           (4) encourages Federal, State, and local policy-  
5           makers to work together—

6                   (A) to raise awareness about the effects of  
7           concussions; and

8                   (B) to improve the understanding of prop-  
9           er diagnosis and management of concussions;  
10          and

11          (5) encourages further research and prevention  
12          efforts to ensure that fewer individuals experience  
13          the most adverse effects of mild traumatic brain in-  
14          jury.